

FIND OUT WHAT'S HAPPENING ON BASE:
NIAGARAFSS.COM

OCTOBER 2024

The Loop

NIAGARA FALLS AIR RESERVE STATION

FALL FEST

OCTOBER 27

DISCOUNT TICKETS

HOLIDAY TICKETS ON SALE NOW
+ FREE UB FOOTBALL TICKETS

Airman & Family Readiness 236-2097

Base Exchange 236-2100
Monday-Friday 9AM-4PM

Chapel 914th UTA Weekends

Sunday Catholic 7AM - 7:30AM
Sunday Protestant 11AM-11:30AM

Employment U.S. Civilians

www.usajobs.com

Falcon Club Cafe 236-2027

Call for Take Out 236-2329

Breakfast

Monday-Friday 8-10AM
UTA Saturdays & Sundays 6-7AM

Lunch

Monday-Friday 11AM - 1PM
UTA Saturdays & Sundays 11AM - 1PM

Dinner

UTA Saturdays 4:30-6PM

Fitness Center 236-2101

Exercise Physiologist 236-2506

Honor Guard 236-3182

ITT Discount Tickets 236-3090

niagara.falls.fss@gmail.com

Lodging - Niagara Lodge 236-2015

716-236-2014 or 1-888-235-6343

Open Daily 8AM - 7PM

914th UTA

Friday 24 Hours

Saturday 6AM - 2AM

Sunday 6AM - 10PM

107th UTA

Friday 6AM - Midnight

Saturday 6AM - 10PM

Sunday 6AM - 10PM

Marketing/Print Shop 236-3061

Outdoor Recreation 236-3511

Equipment Check Out or 236-2101

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**NIAGARA MILITARY
AFFAIRS COUNCIL**

SUPPORTING NIAGARA'S MILITARY
PAST • PRESENT • FUTURE

**HELP PRESERVE THE GROWTH
AND PROSPERITY OF THE
NIAGARA FALLS
AIR RESERVE STATION**



**JOIN TODAY!
716-283-4008**



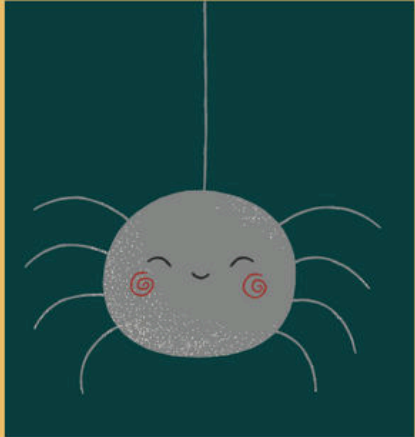
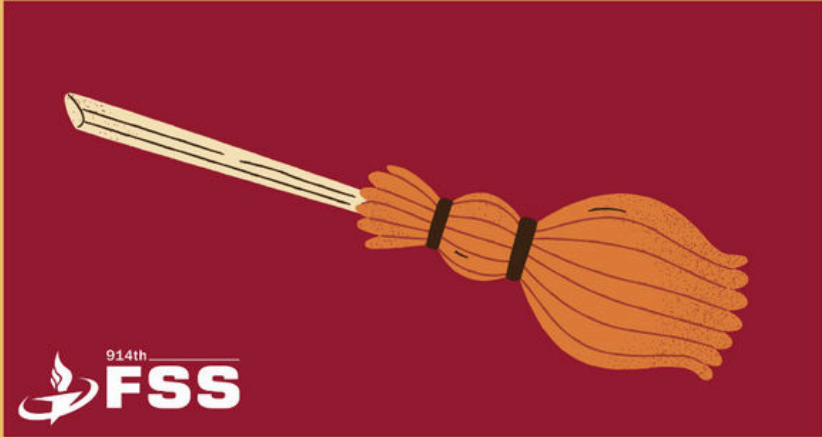
FALL FEST



Join us for some pregame fun!

SUNDAY, OCT 27TH
11AM-1PM OUTSIDE THE CLUB
Free family event open to all
NFARS personnel.
Costumes encouraged!

**HAIR GLITTER & CHALKING, BOUNCE HOUSES,
CORN HOLE, CRAFTS, GOODIES AND MORE!**
Visit NiagaraFss.com or Facebook.com/NiagaraFSS for updates





BOOTCAMP CHALLENGE

W/PAUL HACKETT

TRX FULL BODY CIRCUIT TRAINING
W/ CARDIO & STRENGTH



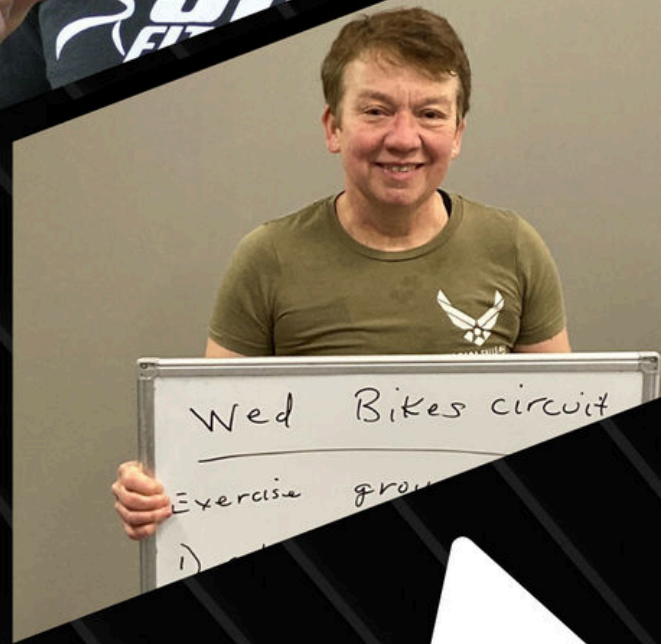
MON, WED & FRI



6:30AM-7:30PM



FUNCTIONAL STRENGTH ROOM



MON, WED, FRI



11:30AM-12:30PM



GROUP FITNESS ROOM

TOTAL BODY

CIRCUIT TRAINING

W/DEANA SIKORA

Walt Disney World.

FALL



MAGIC KINGDOM® PARK

Country Bear Musical Jamboree

Visit Grizzly Hall for the country sensations you know and love—but with a few extra bells and whistles. The bears are back bedecked in brand-new duds complete with fringe jackets, floral patterns and a whole lotta rhinestones. They are sure to deliver a knee slappin' show filled with rockabilly, bluegrass, pop country and Americana spins on popular Disney tunes. If you keep your eyes peeled, you may even spot Easter eggs from start to finish—including a familiar tune longtime fans will remember.

EPCOT®

EPCOT® International Food & Wine Festival presented by CORKCICLE®

Now—November 23, 2024, you can taste the magic of possibility at the EPCOT® International Food & Wine Festival. Discover an array of Global Marketplaces—festival-exclusive kiosks serving delectable dishes and specialty sips inspired by countries and cultures around the world. Celebrate the Halloween season by joining Pluto's Pumpkin Pursuit where you can search for hidden decorative pumpkins based on popular Disney characters throughout EPCOT®. Hear renowned bands, beloved singers and talented local acts at the Eat to the Beat Concert Series presented by Florida Blue. Possibilities come in every flavor at the EPCOT® International Food & Wine Festival.

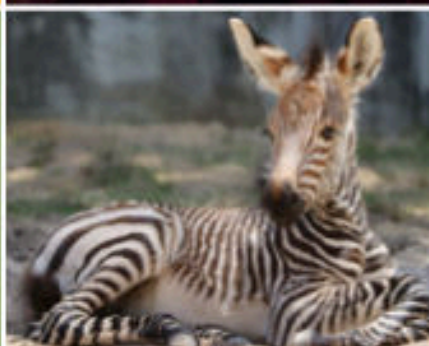
Entertainment and offerings subject to change without notice.



DISNEY'S HOLLYWOOD STUDIOS®

Twilight Zone Tower of Terror™

Are you courageous enough to step into the Twilight Zone? While Magic Kingdom Park celebrates being "not so scary", let's not forget one of Disney's Hollywood Studios® classic attractions, *The Twilight Zone Tower of Terror™*, which is known for being very spooky indeed. While on the elevator be prepared to ride up and down, in a drop sequence that is randomly selected by the 5th dimension, and experience what it feels like to fall 199 feet and be pulled down faster than gravity.



DISNEY'S ANIMAL KINGDOM® THEME PARK

Kilimanjaro Safaris®

Set off in an open-air vehicle for a guided tour of a lush African savanna—and spot real animals roaming free. Keep your eyes peeled for some of the newest residents of the savanna—mountain zebra foals! These new foals join the long list of more than 5,000 animals that receive exceptional care every day at Walt Disney World Resort.

Contact NIAGARA ITT For Tickets | Niagara.Falls.FSS@gmail.com



Walt Disney World **HOLIDAY EVENTS**

Mickey's Very Merry Christmas Party

Celebrate the most wonderful time of the year with festive entertainment, a storybook holiday atmosphere, sweet treats and more at this yuletide event—offered on select evenings November 8 to December 20, 2024, from 7:00 PM to midnight.

Disney Jollywood Nights

Celebrate the holiday season in style with a ticket to this 5-hour event in Disney's Hollywood Studios—select nights from November 9 to December 21, 2024!



CONTACT NIAGARA ITT TO ORDER!
Niagara.Falls.FSS@gmail.com



Unwrap Magical Memories at The Happiest Place on Earth!

Share in the Celebration with the Gift of *Disneyland*® Resort Tickets!

There is no better way to celebrate life's most anticipated moments and special occasions with a little bit of magic. Celebrate with the gift of *Disneyland*® Resort Tickets and create memories that will last a lifetime.

Disneyland
RESORT

© 2024 Disney © 2024 Disney/Pixar DLR-24-4194102

Experience the most magical time of year with celebrations throughout the Disneyland Resort in California from November 15, 2024 through January 6, 2025.

Contact Niagara ITT for tickets! | Niagara.Falls.FSS@gmail.com

FREE FOOTBALL TICKETS

» **UB BULLS**



FREE TICKETS FOR UPCOMING HOME GAMES!



****YOU MUST HAVE A TICKETMASTER ACCOUNT IN
ORDER TO RECEIVE TICKETS****

Tickets will be transferred to you 2 days before the
game(s) you are attending.

October 19th

November 12th | November 26th

Scan with your phone to register!



INFORMATION TICKETS & TRAVEL



DID YOU KNOW...

The number of plasma donations needed to treat an adult with a specific condition for one year can vary:

Immunodeficiency: 130 donations

Alpha-1-antitrypsin deficiency: 900 donations

Hemophilia: 1200 donations



DONATE TODAY!

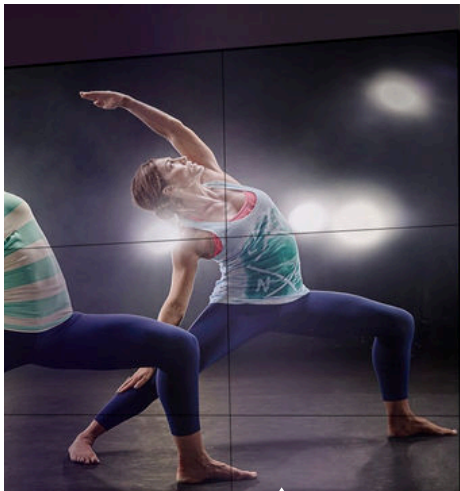
2100 Military Road, Niagara Falls NY
716.513.0537

Monday-Friday 7am-7pm
Saturday 8am-4pm

NO APPOINTMENT NECESSARY

Photo ID, Social Security Card & Proof of Suitable Housing required.

Paid Ad. No Federal Endorsement of Advertiser Intended.



AVAILABLE
AT THE
FITNESS
CENTER



FITNESS[®]
ON DEMAND



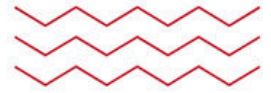
PICK. CLICK. PLAY.
DIGITAL FITNESS CLASSES

Hundreds of digital fitness workouts available at your fingertips.

OPEN MONDAY-FRIDAY
 BREAKFAST 0800-1000
 LUNCH 1100-1300



2401 FRANKLIN DRIVE
 BUILDING 503



OCTOBER LUNCH SPECIALS

BECOME A CLUB MEMBER FOR JUST \$6 A MONTH!
VISIT THE CLUB OR GO TO MEMBERPLANET.COM/ACCOUNT/USAF TO JOIN!

1ST	2ND	3RD	4TH	
PIZZA GRILLED CHEESE W/ FRIES \$10.95	JALAPEÑO CHEDDAR BACON BURGER \$12.95	CHICKEN PARM HOAGIE W/ FRIES \$12.95	LUNCH BUFFET \$14.95	
7TH	8TH	9TH	10TH	11TH
LUNCH BUFFET \$14.95	LUNCH BUFFET \$14.95	LUNCH BUFFET \$14.95	LUNCH BUFFET \$14.95	GRILLED CHEESE W/ TOMATO SOUP \$8.95
14TH	15TH	16TH	17TH	18TH
	BUFFALO CHICKEN TACOS \$11.95	BLACK & BLEU BURGER \$13.95	LUNCH BUFFET \$14.95	LUNCH BUFFET \$14.95
21ST	22ND	23RD	24TH	25TH
CHILI CHEESE DOGS \$9.95	BUFFALO CHICKEN FINGER MELT \$12.95	BBQ BACON & CHEDDAR CHICKEN SANDWICH \$12.95	CORNED BEEF & CABBAGE \$12.95	EGG SALAD WRAP \$10.95
28TH	29TH	30TH	31ST	
CHILI PACKED BREAD BOULE W/ FRIES \$10.95	REUBEN SANDWICH \$12.95	PIZZA BURGER \$12.95	STEAK & CHEESE SUB \$14.95	

CALL FOR PICKUP!
716.236.2329

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